

Christina Puchalski, MD, MS, OCDS, FACP, FAAHPM, is a pioneer and international leader in the movement to integrate spiritual health into clinical settings, education, and policy. Dr. Puchalski is Founder and Executive Director of the George Washington University's Institute for Spirituality and Health (GWish) and Professor of Medicine at The George Washington University in Washington, DC. An active clinician, she is board certified in Palliative Medicine and Internal Medicine and a fellow of the American College of Physicians and the American Academy of Hospice and Palliative Medicine.

Dr. Puchalski's collaborative work has influenced clinical practice on a global scale, most notably the development of a course for clinicians and chaplains to learn how to create systemic change in their own health settings [Interprofessional Spiritual Care Education Curriculum (ISPEC®)]; clinical spiritual care guidelines, recommendations, and standards for healthcare professionals; healthcare renewal retreats; "Reflection Rounds" to offer peer-group support for clinicians; and the widely-disseminated spiritual history tool (FICA) to help assess patients' spiritual/religious preferences.

Currently, Dr. Puchalski is spearheading a large-scale initiative funded by the John Templeton Foundation to elevate spiritual care as an essential element of whole person compassionate care across health systems worldwide.

Dr. Puchalski is author of *Time for Listening and Caring: Spirituality, Care of the Seriously Ill and Dying*, and co-author of *Making Health Care Whole* and *The Oxford Textbook of Spirituality and Health*. Dr. Puchalski has received numerous awards including being named in 2018, as one of "30 Visionaries" in the field by the American Academy